

COMMUNION

CHRIST, LOVE OF ALL LOVING
FIRE THAT BURNS WITHIN ME
MY HEART LIVES ONCE MORE
HALLELUJAH, HALLELUJAH

UNION

Spirituality is not a private search for what is highest in oneself but a communal search for the face of God. There are two great equal commandments: Love God and love your neighbour.

MAY THE GRACE OF CHRIST OUR SAVIOUR
AND THE FATHER'S BOUNDLESS LOVE
AND THE HOLY SPIRIT'S FAVOUR REST UPON US FROM ABOVE.

MAY WE THUS ABIDE IN UNION
WITH EACH OTHER AND THE LORD
AND RETURN FOR SWEET COMMUNION
OUR SAVIOUR TO ADORE

If you would like to receive the Imago Dei email meditations to encourage your life of prayer, you can sign up on the website or email imago@shaw.ca

Check our website or weekly email for information about groups meeting locally. Rob Des Cotes' books on the life of prayer: *Fan the Flame*, *Higher than I*, *Ultreia* and *Strength to Strength*, are available online.

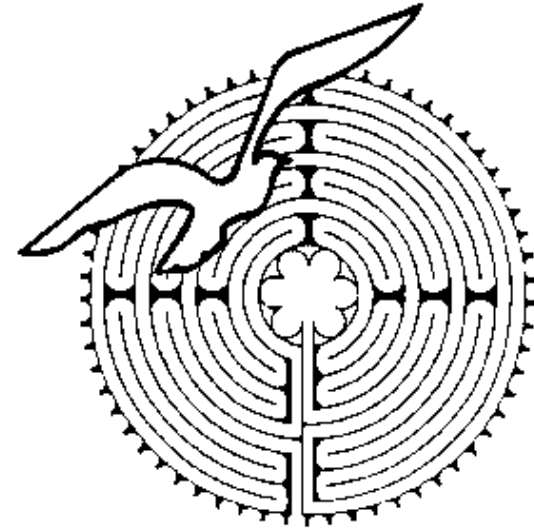
Our next **Contemplative Communion Service** will be **Saturday, November 7 @ 7 pm.**

Imago Dei Christian Community

www.imagodeicommunity.ca

Contemplative Liturgy

October 3, 2020



with meditations from Ronald Rolheiser

**The Holy Longing: The Search for a Christian Spirituality*

Contemplative Liturgy

AWAKENING

There is within us a fundamental dis-ease, an unquenchable fire that renders us incapable of ever coming to full peace.

This desire lies at the centre of our lives.

Sometimes it hits us as pain -dissatisfaction, frustration, and aching. At other times its grip is felt as a deep energy, as something beautiful, as an inexorable pull toward love, beauty, creativity, and a future. Spirituality is ultimately about what we do with that desire. What we do with our longings, both in terms of handling the pain and the hope they bring us, that is our spirituality.

Isaiah 26:9

YOU ARE EVERYTHING
MY SOUL LONGS FOR
YOU ARE EVERYTHING
MY HEART DESIRES.

ILLUMINATION

Desire makes us act and when we act what we do will either lead to a greater integration or disintegration within our personalities, minds and bodies---and to the strengthening or deterioration of our relationship to God, others, and the cosmic world.

MY SOUL FOLLOWS HARD AFTER YOU
EARLY IN THE EVENING I WILL RISE UP TO SEEK YOU
AND BECAUSE YOU HAVE BEEN MY STRENGTH
IN THE SHADOW OF YOUR WINGS
I WILL REJOICE, REJOICE, REJOICE

Our restlessness is a source of energies. But it is also what keeps us from restfulness, from prayer, from being centred and from being happy. There comes a point in our restlessness when its purpose is no longer to direct us outward, but inward. We must enter it in such a way as to turn it into solitude. Solitude is being alone in such a way that our incompleteness is a source of quiet strength and not of anxious dissipation.

IT IS GOOD TO WAIT IN SILENCE
FOR THE SALVATION OF THE LORD

BONUM EST PRAESTOLARI
CUM SILENTIO SALUTARE DEI

There is no way to stay in touch with one's soul and keep a balance there outside of regular private prayer

BE STILL AND KNOW HE IS LORD
BE STILL MY SOUL

CONFESSION

What blocks faith is that myriad of innocent things within our normal, ordinary lives which precisely make our lives comfortable: our laziness, our self-indulgence, our ambition, our restlessness, our envy, our refusal to live in tension, our consumerism, our greed for things and experiences, our need to have a certain lifestyle, our busyness and overextension, our perpetual tiredness, our obsession with celebrities, and our perpetual distraction.

O GOD MY HEART IS OPEN TO YOU
YOU PERCEIVE ALL MY DESIRES
NOTHING CAN I HIDE FROM YOU
YOUR TRUE LIGHT IS MY DESIRE

PURIFY THE THOUGHTS OF MY HEART
THAT I MAY LOVE YOU WITH THE LOVE YOU DESERVE

BE STILL AND KNOW HE IS LORD
BE STILL MY SOUL

But when you pray, go into your room, close the door and
pray to your Father, who is unseen

BE STILL AND KNOW HE IS LORD
BE STILL MY SOUL

I call on you, my God, for you will answer me; turn your ear
to me and hear my prayer.

BE STILL AND KNOW HE IS LORD
BE STILL MY SOUL

Praise be to God, who has not rejected my prayer or
withheld his love from me!
By day the Lord directs his love, at night his song is with
me— a prayer to the God of my life.

BE STILL AND KNOW HE IS LORD
BE STILL MY SOUL