

UNION

The One who sets the course of this road, and whose entry into it defines the way forward, is the same who walks beside us, flesh of our flesh, God with us. Therefore, we can trust without reservation a journey whose future turns we cannot see. ~John S. Mogabgab, *Weavings* Journal

SHOW ME YOUR WAYS O LORD
TEACH ME YOUR PATHS
GUIDE ME IN YOUR TRUTH
TEACH ME FOR YOU ARE MY GOD
MY HOPE IS IN YOU ALL DAY LONG

IN YOU O LORD I PUT MY TRUST
NO ONE WHO HOPES IN YOU
WILL EVER BE PUT TO SHAME
TEACH ME FOR YOU ARE MY GOD
MY HOPE IS IN YOU ALL DAY LONG

If you would like to receive the Imago Dei email meditations to encourage your life of prayer, you can sign up on the website, or email idchristiancommunity@gmail.com

Check our website for information about groups meeting locally. Rob Des Cotes' books are available online.

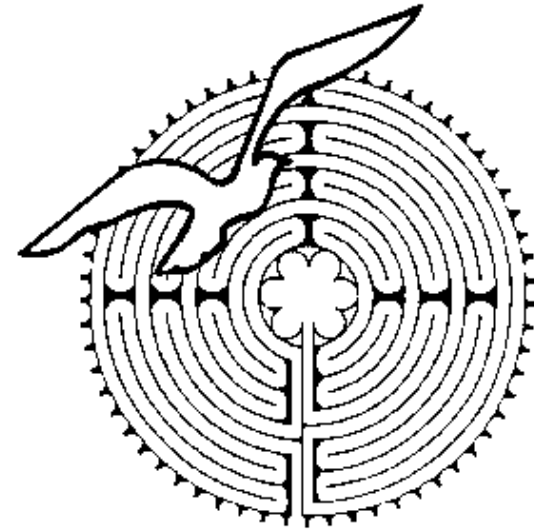
Our next **Contemplative Communion Service** will be **June 14 @ 7 pm.**

Imago Dei Christian Community

www.imagodeicommunity.ca

Contemplative Liturgy

May 10, 2025



with meditations on Life

Contemplative Liturgy

AWAKENING

The path of love that I walk is neither predetermined nor clear cut. It is forged in the process of walking day by day, listening deeply to the silence brooding beneath the noisy instructions issuing from without and within our own hearts. God's will is not a puzzle to be solved but a mystery to be lived into. It is a mystery whose contours emerge as we journey on.
~Wendy M. Wright, *The Rising*

MY HEART IS NOT PROUD,
MY EYES ARE NOT HAUGHTY
I AM NOT CONCERNED WITH THING
TOO WONDERFUL FOR ME

I HAVE STILLED AND QUIETED MY SOUL
I HAVE STILLED AND QUIETED MY SOUL
LIKE A CHILD IS MY SOUL WITHIN ME

ILLUMINATION

Psalm 27:4

Immediacy, vivid immediacy in that Life of the Universe, is what we seek. Not in the earthquake, not in the whirlwind, not in the fire, but in a still small voice that we all have heard within us is God most immediately to be found. ...

It is this Inner Witness, this Inner Light, that grows brighter, in fellowship with Scripture writers, in fellowship with nature, in fellowship with service and suffering.

~Thomas Kelly, *The Sanctuary of the Soul*

YOU ARE THE FOUNTAIN OF LIFE
I WILL DRINK FROM YOUR RIVER OF DELIGHT
AND IN YOUR HOUSE
I WILL REST IN THE SHADOW OF YOUR WINGS

CALL: IN YOUR LIGHT I WILL FIND MY WAY
ECHO: IN YOUR LIGHT I WILL FIND MY WAY
CALL: IN YOUR LIGHT I WILL FIND MY WAY
ECHO: IN YOUR LIGHT I WILL FIND MY WAY

Within each of us is that which cries out, begging to be heard. Often the manner of its crying out is expressed through grumbling, negativity, irritability, anxiety. To shout down the cry, to put it out of the room, to breathe it away, or to shake it off is not the Christian, the incarnational way. Let us learn to pay attention, to listen, and to question that which cries out in us: Who are you? What are you trying to tell me? And then let us learn to listen and respond to Jesus' question: "What do you want me to do for you?" It is both astonishing and revealing what will surface if we keep patiently asking and listening to our inner Bartimaeus!

~Flora Slosson Wuellner, *Feed My Shepherds*

O GOD WE CALL
O GOD WE CALL
FROM DEEP INSIDE WE YEARN
FROM DEEP INSIDE WE YEARN
FROM DEEP INSIDE WE YEARN
FOR YOU

CONFESSION

Self scrutiny is part of Lent's process, but we do not observe Lent for the sake of self-scrutiny alone. To sit too long with the guilt and shame of our misdeeds would, in fact, go against the gospel message. Christ's message is one of new life and forgiveness, so Lenten self-scrutiny must serve this purpose.

To arrive at newness of life, we first name the parts of our lives that are shrouded in darkness, the parts of ourselves where life does not flourish. We walk through some muck so that we can leave it behind us and find Easter joy beyond.
~ Sarah Parsons, *A Clearing Season*

O LAMB OF GOD,
YOU TAKE AWAY THE SINS OF THE WORLD
HAVE MERCY ON US
HAVE MERCY ON US.

O LAMB OF GOD
YOU TAKE AWAY THE SINS OF THE WORLD
GRANT US YOUR PEACE
GRANT US YOUR PEACE

When we open our lives to Jesus and his friends, he changes us inwardly. He says, "Come with me, and I will reshape you, recreate you, reform you." Jesus accepts us as we are but never leaves us as we are. ... The love that woos us, the love that draws us, also changes us. But we don't sit back and do nothing. Although grace is opposed to earning, grace is not opposed to effort. If we want to experience the change that Jesus can bring, we need to cooperate with him.

~Trevor Hudson and Stephen D. Bryant,
The Way of Transforming Discipleship

COMMUNION

LIKE YOUR BODY
THAT WAS BROKEN FOR ME
LORD LET ME BE BROKEN FOR YOU
LIKE YOUR BLOOD
THAT'S BEEN POURED OUT FOR ME
LORD LET MY LIFE
BE POURED OUT FOR YOU

LIKE THIS BREAD
THAT WE BREAK FOR EACH OTHER
MAY OUR LIVES BE OPEN AND TRUE
LIKE THIS WINE
THAT WE POUR FOR EACH OTHER
MAY WE GIVE OURSELVES
TO LOVE ONE ANOTHER

REMEMBER ME
IN THE BREAKING OF THE BREAD
IN THE POURING OF THE WINE
I HAVE GIVEN YOU MY LIFE

REMEMBER ME
IN THE BREAKING OF THE BREAD
IN THE DAYS OF JOY AND STRIFE
MY BODY WILL BRING YOU NEW LIFE
IN THE LOVE YOU SHARE
I WILL MEET YOU THERE
MY BODY IS BROKEN FOR YOU
REMEMBER ME
IN THE BODY THAT YOU SHARE