

'In prayer I am constantly on the way, on pilgrimage. Prayer is living in constant expectation that God who makes everything new will cause you to be born again.'

COMMUNION

ANIMA CHRISTI, SANCTIFICA ME
CORPUS CHRISTI, SALVA ME
SANGUIS CHRISTI, INEBRIA ME
AQUA LATERIS CHRISTI, LAVA ME
(see insert)

UNION

'The most important thing about prayer is whether God sees it as a prayer of hope, or of little faith. The prayer of little faith is filled with wishes which beg for immediate fulfillment. It has a great deal of fear and anxiety about it. Whenever we pray with hope, we put our lives in the hands of God. Fear and anxiety fade away and everything we are given and everything we are deprived of is nothing but a finger pointing out the direction of God's hidden promise.'

SING PRAISE AND BLESS THE LORD
SING PRAISE AND BLESS THE LORD
AL-LE, AL-LE, ALLELUIA

If you would like to receive the Imago Dei email meditations to encourage your life of prayer, you can sign up on the website, or email imago@shaw.ca

Check our website for information about groups meeting locally. Rob Des Cotes' books are available online and at the front.

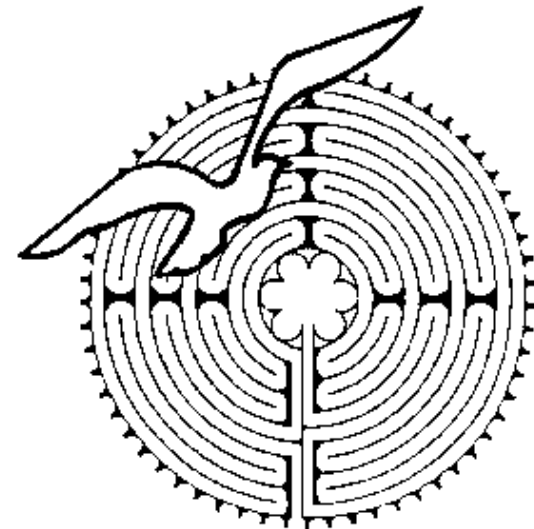
Our next **Contemplative Communion Service** will be **December 10 @ 7 pm.**

Imago Dei Christian Community

www.imagodeicommunity.ca

Contemplative Liturgy

November 12, 2022



with meditations from Henri Nouwen

'Silence is the home of the Word. Silence gives strength and fruitfulness to the Word.'*

*all quotes are from *The Way of the Heart*, 1981, and *With Open Hands*, 1972

Contemplative Liturgy

SEND YOUR HOLY SPIRIT
ON YOUR GATHERED PEOPLE
MERCIFUL AND LOVING GOD
HEAR US AS WE PRAY

AWAKENING

'The chief task of the contemplative is to enter into his or her heart. To pray is to descend with the mind into the heart. There God's spirit dwells and there the great encounter takes place. There, heart speaks to heart, because there, we stand before the Lord, all-seeing, within us.'

LET IT BE, UNTO ME, ACCORDING TO YOUR WORD
LET IT BE, UNTO ME, ACCORDING TO YOUR WORD

ILLUMINATION

'We have to fashion our own desert where we can withdraw every day and dwell in the gentle healing presence of our Lord. Without such a desert we will lose our own soul, while preaching the gospels to others.'

PSALM 63:

(REFRAIN) MY SOUL IS THIRSTING FOR YOU O GOD, MY GOD

YOU ARE MY GOD, I LONG FOR YOU FROM MORNING UNTIL EVENING
MY WHOLE BEING DESIRES YOU LIKE A DRY, WATERLESS LAND.

(REFRAIN)

IN THE SANCTUARY LET ME SEE YOUR MIGHTY WORKS
YOUR CONSTANT LOVE IS BETTER THAN LIFE ITSELF
SO I WILL PRAISE YOU

(REFRAIN)

I WILL GIVE THANKS AS LONG AS I LIVE
I WILL RAISE MY HANDS IN PRAYER
MY SOUL WILL FEAST AND BE FILLED,
AND I WILL SING AND PRAISE YOU.

(REFRAIN)

AS I SIT IN SILENCE I REMEMBER YOU, O GOD
YOU ARE WITH ME ALL NIGHT LONG
FOR YOU ARE MY CONSTANT HELP
IN THE SHADOW OF YOUR WINGS I SING FOR JOY
I CLING TO YOU AND YOUR HANDS KEEP ME SAFE

(REFRAIN)

'Prayer means being constantly ready to let go of your certainty, and to move on further than where you now are. That is why praying demands poverty, that you always begin afresh. Whenever you willingly choose this poverty you make yourself vulnerable, but you become freer to see the world in its true form.'

VENI SANCTE SPIRITUS (COME, HOLY SPIRIT)

'Praying is no easy matter. It demands a relationship in which you allow God to enter into the very center of your person, allow him to speak there, allow him to touch the sensitive core of your being.'

CONFESSION

'It is in the silence of the 'poor in spirit' that you learn to see your life in its proper perspective. In this silence, the false pretenses fade away and you can see the world again with a certain distance.'

THE DARKNESS IS PASSING
THE TRUE LIGHT IS ALREADY SHINING
(RPT.)

GOD IS LIGHT
IN HIM THERE IS NO DARKNESS AT ALL
(RPT)

Anima Christi (Traditional)

Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from Christ's side, wash me

1. Passion of Christ, strengthen me
O good Jesus, hear me
Within Thy wounds hide me

2. Suffer me not to be separated from Thee
From the malicious enemy defend me
In the hour of my death call me

3. And bid me come unto Thee
That I may praise Thee
with Thy saints and with Thy angels
Forever and ever
Amen

Soul of Christ

Anima Christi, sanctifica me
Corpus Christi, salva me
Sanguis Christi, inebria me
Aqua lateris Christi, lava me

1. Passio Christi, conforta me
O bone Iesu, exaudi me
Intra vulnera tua absconde me

2. Ne permittas a te me separari
Ab hoste maligno defende me
In hora mortis meae voca me

3. Et iube me venire ad te
Ut cum Sanctis tuis laudem te
In infinita saecula saeculorum
Amen