

CONFESSION

The soul gains very little from looking at itself. Such an occupation gives rise only to discouragement, preoccupation, distress, uncertainty, and illusion. From every point of view we gain infinitely more by looking at our Lord, than by looking at ourselves. We shake off our faults more quickly and effectively when we adore our Lord than when we examine and criticize ourselves. Abbé de Tourville

○ LORD YOU'RE BEAUTIFUL (see insert)

COMMUNION

YOU ARE EVERYTHING
MY SOUL LONGS FOR
YOU ARE EVERYTHING
MY HEART DESIRES

UNION

We are to be changed into him and made one with him, so that what is his shall be ours and what is ours, his. Our hearts and his are to be one heart. Our body and his, one body. So too, it shall be with our senses, wills, thoughts, faculties, and members. They are all to be transported into him, so that we feel with him and are made aware of him in every part of the body and soul ~Carlo Carretto

BREATHE ON ME BREATH OF GOD (see insert)

If you would like to receive the Imago Dei email meditations to encourage your life of prayer, you can sign up on the website, or email imago@shaw.ca

Check our website for information about groups meeting locally. Rob Des Cotes' books are available online.

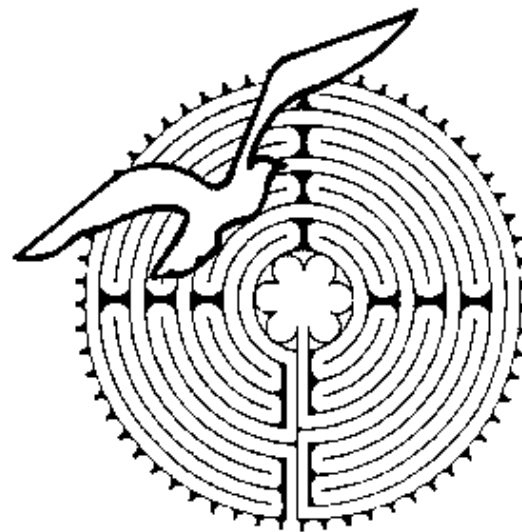
Our next **Contemplative Communion Service** will be **May 11 @ 7 pm.**

Imago Dei Christian Community

www.imagodeicomunity.ca

Contemplative Liturgy

April 13, 2024



with meditations on the Soul

Contemplative Liturgy

Psalm 130:5-6

AWAKENING

Greatly ought we to rejoice that God dwells in our soul; and more greatly ought we to rejoice that our soul dwells in God. Our soul is created to be God's dwelling place, and the dwelling of our soul is God, who is uncreated. It is a great understanding to see and know inwardly that God, who is our Creator, dwells in our soul, and it is a far greater understanding to see and know inwardly that our soul, which is created, dwells in God, through whom we are what we are.

Julian of Norwich

HOW GENTLY AND LOVINGLY YOU AWAKEN MY HEART
WHERE IN SECRET YOU DWELL WITH ME
(RPT)

AND IN YOUR SWEET BREATH FILLED WITH GOOD AND GLORY
HOW TENDERLY YOU FILL MY HEART WITH LOVE

ILLUMINATION

Leave your soul to pray as suits it best, in its own way, without strain. In a word, follow your bent. For nothing is more individual to each soul than the form of its intimacy with our Lord. His earthly life revealed also that no two were intimate with Him in the same sort of way. Observe the path you take instinctively at those times when you are most keenly aware of the real and intimate presence of our Lord. Realize that there lies your own particular grace.

Abbé de Tourville

MY SOUL FOLLOWS HARD AFTER YOU
EARLY IN THE EVENING I WILL RISE UP TO SEEK YOU
AND BECAUSE YOU HAVE BEEN MY STRENGTH

IN THE SHADOW OF YOUR WINGS
I WILL REJOICE, REJOICE, REJOICE

And then our good Lord opened my spiritual eye, and showed me my soul in the midst of my heart. I saw the soul as wide as if it were an endless citadel, and also as if it were a blessed kingdom, and from the state which I was in, I understood that it is a fine city. And in the midst of that city sits our Lord Jesus, true God and true man.

Jullian of Norwich

COME DWELL IN THE SHELTER OF THE MOST HIGH
COME REST IN THE SHADOW OF THE ALMIGHTY GOD
COME SAY OF THE LORD 'HE IS MY REFUGE'
MY GOD IN WHOM I TRUST
(RPT)

HE WILL CALL UPON ME AND I WILL ANSWER HIM
(RPT)

Prayer is the most personal thing that any of us do, the most human act in which we can engage. We are more ourselves, our true, image-of-God selves, when we pray than at any other time.

PT Forsyth

I RECEIVE ALL I AM
FROM THE HAND OF CHRIST
I RECEIVE ALL I AM
FROM GOD'S GRACE

ALLELUIA I RECEIVE
FROM GOD'S GRACE
ALLELUIA I RECEIVE
FROM CHRIST'S HAND

O LORD YOU'RE BEAUTIFUL
YOUR FACE IS ALL I SEEK
AND WHEN YOUR EYES ARE ON THIS CHILD
YOUR GRACE ABOUNDS TO ME

O LORD YOU'RE WONDERFUL
YOUR TOUCH IS ALL I NEED
AND WHEN YOUR HAND IS ON THIS CHILD
YOUR HEALING I RECEIVE

BREATHE ON ME BREATH OF GOD
FILL ME WITH LIFE ANEW
THAT I MAY LOVE WHAT THOU DOST LOVE
AND DO WHAT THOU WOULDST DO

BREATHE ON ME BREATH OF GOD
UNTIL MY HEART IS PURE
UNTIL MY WILL IS ONE WITH THINE
TO DO AND TO ENDURE

BREATHE ON ME BREATH OF GOD
TILL I AM WHOLLY THINE
UNTIL THIS EARTHLY PART OF ME
GLOWS WITH THY FIRE DIVINE